

Phoenix Activities Club— August 2016

Activities in the Spotlight—

The bridge section offers a happy friendly atmosphere to all who wish to learn or play bridge it offers the opportunity for total novices or players with various ranges of skills to meet together in a friendly environment to progress, with tuition, learning aids and informal advice, and so become confident and experienced. We do operate a waiting list at present but do not be put off places do become available and you can always pop in to see what is involved

Forthcoming Attractions— Dates for your diary

Computer Group—

The next session will be— Wednesday 17th August 2016

Future sessions—Wednesday 21st September 2016

Contact Leader—Dawn Shaw dawndenshaw@btconnect.com

Christmas at Sheepfair— December 10th 2016—Details to follow

A request from the Knit & Natter group.

We are looking for donations of knitting wool, large, broken necklaces, lace, card any other material that can be incorporated in our latest project which is making 'twiddle muffs'. These are aimed at people with dementia and designed to calm agitation by giving them something to fiddle with.

Any donations can be given to any member of the group or left at Sheepfair to be collected. **Thank you in advance Moira**

Phoenix BBQ— Our Annual BBQ was again thoroughly enjoyed by the 60+ members who supported the event.

Unlike last year, we beat the weather but only just as dark clouds gathered. We could only use one barbeque and were rescued by Mike's backup. Having enjoyed a walk and the food the battle of the sexes began. A new game was arranged (target bean bag bowls) so that everyone could participate. A simple throwing game cunningly devised (by Jeff) for a male victory. But guess what? The ladies won again. Does anyone know a game the lads can win? Thanks to all who helped make it another success.

I DID IT! - Thank you all so much for sponsoring me on my 10 mile Pink Ribbon Walk for Breast Cancer in London on July 9th. It was a marvelous experience something I will never forget or dreamt I would be able to achieve when I was having to learn to walk again in 2000 after my stroke.

Your support and encouragement really helped me to carry on, especially about 6 miles when I was 'trudging', along the main roads.

Thanks to everyone's generosity we will have raised about £1,300.

Thank you all so much. **Eileen Hunt**

A 'remembrance', book mark was found in a book on the Phoenix library shelves at Sheepfair. Please get in touch if it yours and you would like it

Diary in Brief—trip

Thur Aug 18th 2016—Judith Farrington
'My Granny's Box'.
Wed Sep 7th 2016—Sunny Afternoon—Theatre Trip
Thur Sep 8th 2016—Ellesmere Port, Canal Trust
Thur Sep 15th 2016— AGM
Thur Oct 20th 2016—David Taylor
'Where Did All The Nails Go To'
Thur Nov 17th 2016—Slip of the Pen—Michael Taylor
Mon Dec 5th 2016 —Chester trip
Thu Dec 15th 2016—Musical J.I.M

TEA ROTA

Sep John & Pat Plester—Joy & Pete Walker
Oct M.Powell, Linda Hill, G.Richards
Nov Chris Cooper, Julie Shepherd, M. Bladon
Dec Geoff Allsop, David Longstaff...2 more Men
to volunteer Please!

Rugeley Wanderers

Thursday September 8th 2016—Canal Trust, Ellesmere Port/Liverpool,

£12. inclusive of entrance fee. -8.00am RBS

Two seats still available, Get in touch!

Morning coffee and a boat trip available at an extra charge.

Monday December 5th 2016—Chester £8.—

Tickets go on sale in September 2016

All trips set off at 8.00am unless otherwise stated

Contact Barry

Newsletter

Copy date: **September 7th 2016**

Items should reach Kath Bryan by that date please.

Email: bkath326@gmail.com or
at the Committee Meeting.

Newsletter available at Coffee Mornings,
Sheepfair Notice board & Website.

Next Coffee Morning

15.09.2016—AGM

Sunday Lunch—

September 4th 2016—Marsh Farm

Contact Monica

Don't forget Coffee Mornings

Meet old friends, make new ones. Be entertained, book trips, theatre visits and other events that are being organised by the different Phoenix groups.

Theatre Trips:



Wednesday 7th September 2016 at 2.30pm

SUNNY AFTERNOON at Birmingham
Alaexndra

The pick-up times for this trip are as follows: -

STAGS LEAP 12.30p.m. BUS STATION 12.40pm
(approx)

Strictly Come Dancing Show

We are going to try and get tickets in September for this show which is usually held in January. If you would be interested in going with us please give your name/s at Coffee Morning or by ringing the numbers below to give us an idea of interest.

Moira or Joy

Please make cheques payable to:

Rugeley Phoenix Activities Club.



MONDAY WALKS

We meet at 09.45a.m for a 10.00a.m start.

Mon 15th Aug 2016— Meet at Marquis Drive—flask walk led by Rob & Wendy

Mon 22nd Aug 2016—Punch Bowl, Milford. Flask walk led by Bill & Brenda.

Mon 29th Aug 2016. Bank Holiday Walk TBA.

Contact Bill

email Williambrough7@gmail.com

PLEASE IS THERE ANYONE OUT THERE?

Deputy Treasurer— Our treasurer has been in post for 16 years and is looking for someone to shadow him with a view to take on the role.

Rugeley Wanderers—Barry has for a number of years organised brilliant trips for the Phoenix members, but is now ready to hand over to someone new. His last trip will be Chester in December. 2016. Without a new leader for the group there will be no more trips!

Displays & Notice Boards—Geoff & Celia will step down at the AGM. **Help!!!**

Assistant Secretary- A Phoenix member who can stand in for Sue (if needed) and shadow the role.

Coffee Morning—Refreshment Supervisors—

Joyce & Colin will be standing down after many years of serving us. You could do this role!

These roles are very important and your Phoenix cannot function without them.

The Club is asking Phoenix members to consider stepping up to fill these positions.



YOUR PHOENIX GROUP
NEEDS YOU!!

Chat from US — August 2016

Many years ago Rugeley and District Phoenix Activities Club was founded by a few people who realised the need for such a facility. Members worked together to build the club offering an ever growing range of activities and what was even more important, care and friendship. Long term friendships were established that still exist today and the membership has grown to almost 600. I often hear members bemoaning the fact that the club has changed and longing for it to return to the good old days when everyone was involved and working for a common cause. This of course will never be, times change, society changes and the club is well established now and does not need everyone to do their bit. BUT it does need someone to do their bit or there will no longer be a fully functioning club any more. There will be no tea or coffee at Coffee Morning, there will be nobody to succeed Reg, our treasurer when he retires next year, there will be no outings, there will be no notice board at coffee morning and nobody to offer support to the chairman and secretary. Of course retirement is about enjoying yourself and keeping active but at the moment a very few people are doing everything to provide pleasurable activities for everyone for everyone else. This is really isn't a nag it is a desperate plea to save our club and keep it not only as it is but take it forward to even better things.

PLEASE, PLEASE, PRETTY, PLEASE, consider taking on a position or consider sharing a position with someone so that the work is halved. Job descriptions will be available for the vacant positions, have a look and see if you can help. The people who are standing down have held their positions for several years, it is time for them to sit back and enjoy what the club has to offer.

Sandra and Wendy

CHAIRMAN'S EMAIL— Chairman@rugeleyphoenix.org.uk

Next Committee meeting—

Tuesday 6th September 2016

Keep Fit

Please note that the Keep Fit Class will be £1.50 for each class from September 2016.