

# Phoenix Corona News - April 2020



## Spring Poem—

### *When Spring Appears*

"Meadowlarks  
give lusty cheers  
when spring appears  
when spring appears."

Buds and seeds  
prick up their ears  
and blades of grass  
show eager spears.

And only icicles  
weep tears  
when spring appears  
when spring appears."

Aileen Fisher,



## Interesting Facts—(Well I thought they were).

1. While humans have 6 muscles in each ear, a cat has 32 muscles in each ear!
2. It is illegal to plough a field with an elephant in North Carolina, USA!
3. Greece's National Anthem has 158 verses!!!

## Helping our Nurses

Ann Nunn has sent me a message that one of the ladies in Colton is making bags for nurses to put the dirty uniforms in, so that, when they get home, the bags can simply be put in the washing machine. Pillowcases are needed and perhaps other fabrics that members have.

It was mentioned on Radio WM on the Caroline Martin's show a few days ago.

So, Ann is wondering how many pillowcases and other materials might be available from Phoenix members.

Ann will ask the lady making the bags if she is prepared to give her a contact number so that materials can be delivered to her. Alternatively, if people have no transport, then perhaps a collection point in Rugeley from which Ann would be happy to collect.

Let us know if you can help.

## Newsletter

Items for the newsletter should be sent to  
Kath Bryan, please.  
Email: bkath326@gmail.com  
Mobile: 07722 301612

## Sudoku

		1						3
7				3	6		2	8
		2			7	5	6	
				6				
	4		3			6	7	
	8		4					5
1		3						7
								1
		5					4	

Please try to keep in touch with your Phoenix friends by **Text, email or phone**, not everyone has internet connection.

Join the Rugeley **Phoenix Facebook** page, another way to keep in touch.

**Phoenix now has a Facebook page -**

**You can find it on Rugeley Phoenix Group**

**Or on**

**www.facebook.com/groups/RugeleyPhoenixClub/**

**(This is closed facebook page just for Rugeley Phoenix members).**



**Do you want to wish a Phoenix member a happy Birthday or send a special greeting-**

**Send me a message and I will put it on next newsletter**

## Theatre update



I have been checking the Hippodrome website for updates about Priscilla on 15th April. It is definitely cancelled, but it's not clear at the moment whether it may be rescheduled or we will be offered a refund. Perhaps you could put this information in the newsletter and on the website.

On a more cheerful note, the Hippodrome have put some films to watch on their website, including Priscilla, Queen of the Desert! I think people might appreciate that under the circumstances.

I will keep you updated.

Keep safe, **Moir** x

## THOUGHTS ON A KILLER

It can sweep across lands

On our bodies and hands

And the thought of its power

Will tire us.

It's a raging malaise

Which affects all our days

This awful thing, coronavirus

Look after each other,

Yourself and your brother,

And we'll beat this thug, coronavirus.

Don't shorten its name,

Be alert, and then game

For all that the medics advise us.

Stay safe and obey them

And the rules - we should say them

At least once a day, to remind us

Of what best we can do

In this hullabaloo

To stay free of coronavirus.

## Pat Tams

Not letting grandma out until coronavirus is under control



## Chat from Me— (well not Me)

Hi to you all, Elaine is unable to get her Chat to us this month, she sends her apologies. They have just moved house, in fact had to move themselves as they couldn't get a Removal company, so they are still trying to sort themselves out. She also has no internet connection yet.

We wish her and her family well in their new home. Kath

CHAIRMAN'S EMAIL— [Chairman@rugeleyphoenix.org.uk](mailto:Chairman@rugeleyphoenix.org.uk)

Please stay fit and well and  
stay home as much as you can  
to help all our front line services.

These are the thoughts as an isolated  
Phoenix member (Sue Breen)

### Thoughts of an Isolator -Week 1

Today's to-do list

Shave legs - The forestry commission will be proud of me.

Pluck eyebrows - First I've got to find them (Does that count as another job?)

Sort out knicker draw - sort in colour and size, grey is the in colour at the moment so those old white ones are now in fashion. (Could be keepers)

Clean oven - This thankfully was just a passing thought Phew it's passed

Learn a language- My husband says I'm doing really well at this, he reckons I'm using words he's never heard before

The most important thoughts of the day have got to be :

What can I eat next

How long until lunchtime

I'm really looking forward to dinner tonight

Surely it's got to be ok to open a bottle of wine at 6 o'clock.

Love Sue Breen x

### Thoughts of an Isolator -Week Two

Not cleaning, not tidying cupboards nor painting the garden fences.

Realising what's important in life.

Seeing family and giving them a big hug.

Meeting friends, chatting and laughing

Appreciating NHS, emergency services, Carers, supermarket staff, chemists, delivery drivers, bin men, volunteers, schools, every one that is working selflessly to help others at this difficult time.

Hoping that when these dark times have passed and Corona virus is beaten,

That kindness, friendship, cheery waves, thumbs up, staying in touch continues.

It's amazing how your thoughts change in just one week.

Stay safe. Love Sue Breen x