

Phoenix Corona News - October 2020



October—Elinor Morton Wylie

Beauty has a tarnished dress,
And a patchwork cloak of cloth
Dipped deep in mournfulness,
Striped like a moth.

Wet grass where it trails
Dyes it green along the hem;
She has seven silver veils
With cracked bells on them.

She is tired of all these--
Grey gauze, translucent lawn;
The broad cloak of Herakles.
Is tangled flame and fawn.

Water and light are wearing thin:
She has drawn above her head
The warm enormous lion skin
Rough red and gold



More Interesting Facts—

1. Your nose is always in view. Technically you are always looking at your nose, but your brain just chooses to ignore it. Otherwise life would be pretty annoying.
2. Honey is the only type of food that does not rot. As a matter of fact, a jar of honey will remain completely edible to humans for over 3000 years.
3. When you sneeze, the particles ejected out of your nostrils are traveling at 100 miles per hour. This is faster than the maximum run speed of a cheetah which is roughly 70-75 miles per hour.
4. Valentina Vassileva was a Russian woman famous for giving birth to 69 children. From 1725 to 1765 she had 27 labours, giving birth to 16 pairs of twins, seven sets of triplets and four sets of quadruplets. (I'm exhausted by the thought of it).
5. Because so many people on the planet live near the equator, two thirds of the Earth's population have never seen snow in person.
6. Rats procreate so quickly that within a year and a half, two rats have over 1 million descendants !!!
7. A female dolphin will assist in the birth of another's baby dolphin.

Newsletter

Items for the newsletter should be sent to
Kath Bryan, please.
Email: bkath326@gmail.com
Mobile: 07722 301612

Sudoku

			1			5		2
				9				
	9	8	5				7	
				6	1			
		5					4	
9	2			5			3	
			7		4			8
						7		9
3	5							6

Please try to keep in touch with your
Phoenix friends by **Text, email, phone**
or even write a letter not everyone has
internet connection.

Join the Rugeley **Phoenix Facebook**
page, another way to keep in touch.

Phoenix now has a Facebook page -

You can find it on Rugeley Phoenix Group

Or on

www.facebook.com/groups/RugeleyPhoenixClub/

**(This is closed facebook page just for Rugeley
Phoenix members).**

Stay Safe Online:

Check your security + privacy settings

Block unsuitable content, Protect against fraud

Check the facts!!

Get more help and information from Gov.uk

Report to [Action Fraud](#)

**Be aware of phone scams too- If in doubt
put the phone down and ask for advice from a
trusted friend or relative.**

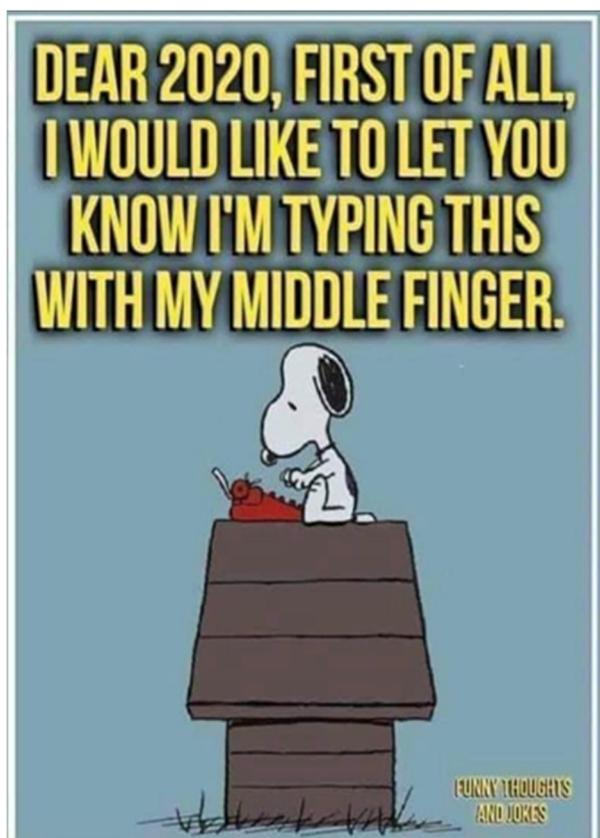
Important notice

The NHS app is up and running and you may put it on your phone. Please be aware that of course this has generated scams. These people phone, text or email saying you have been in contact with Covid and you need to book a test and need to give them money or asking for your information to book a test. **The test is free, if you are asked for money or for your information it is a Scam!!!!**

Katherine House

Katherine House has set up an appeal to save its care services. It has been very hard hit by the reductions in donations and their shops being closed. They are asking if people can make donations to help support their much needed services.

Although this isn't to do with Phoenix, I know a lot of our members or family members have been greatly helped by Katherine House and their amazing staff.



Chat from Me—

No change from Phoenix at the moment, hope everyone's keeping their chin up or in my case chins, are anyone else's clothes shrinking in lockdown even the ones not in the wash strange still the baking is coming on fine, although I baked (new hobby for me) a lovely Dorset apple and cinnamon cake yesterday but unfortunately had to throw it away today because when I opened the cake tin out flew a fly who looked like me if I'd been locked in a wine cellar all night hic.

At times like this it reminds us how important friends and family are and if it's difficult to see them at the moment try to keep in touch by phone or Internet a good chat makes the world of difference. For those of you who are Internet savvy check out our Facebook page...Rugeley Phoenix...we would love you to add pictures, jokes, poems etc.—Take care Elaine xx

CHAIRMAN'S EMAIL— Chairman@rugeleyphoenix.org.uk



Announcements

Sadly we have to announce that we have lost another Phoenix friend, **Ivan Price**. He has been a Phoenix member for many years and has certainly tried and attended many Phoenix activities and groups, including Badminton, Tennis, Walking, dancing, Music, Art, plus others. He was often seen at coffee Morning and went on many Phoenix trips. I always found him to be a kind, gentle man with a good sense of humour. He will certainly be much missed.

We send our sincere condolences to all the Phoenix friends we have lost during this very difficult year. If you would like to put a notice in the Newsletter please let me know.

*Rhoda is very happy to send cards for
Condolences, Get Well etc. for
Phoenix members
Please contact her on
rhodadavidson@btinternet.com*