



Newsletter

Items for the newsletter should be sent to Kath Bryan, please. Email: bkath326@gmail.com Mobile: 07722 301612

Sudoku—Hard

9x9 Sudoku grid with some numbers pre-filled.

Covid-19 Vaccinations

I think most of the Phoenix members have had their first Covid vaccination, if they wanted it or were able, and lots their second dose, thankfully. I sincerely hope this will lead to the way out to some more of the freedoms we are used to.

If we are thinking spring I couldn't not use the famous Daffodils poem!

Daffodils—William Wordsworth

I wandered lonely as a cloud That floats on high o'er vales and hills, When all at once I saw a crowd, A host, of golden daffodils; Beside the lake, beneath the trees, Fluttering and dancing in the breeze.

Continuous as the stars that shine And twinkle on the milky way, They stretched in never-ending line Along the margin of a bay: Ten thousand saw I at a glance, Tossing their heads in sprightly dance.

The waves beside them danced; but they Outdid the sparkling waves in glee: A poet could not but be gay, In such a jocund company: I gazed—and gazed—but little thought What wealth the show to me had brought:

For oft, when on my couch I lie In vacant or in pensive mood, They flash upon that inward eye Which is the bliss of solitude; And then my heart with pleasure fills, And dances with the daffodils.

Stay Safe Online:

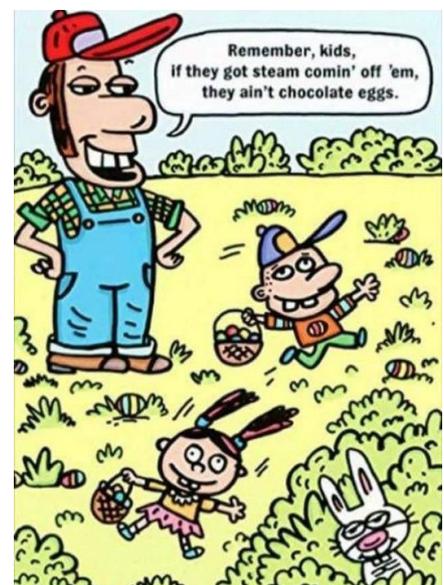
Check your security + privacy settings

Block unsuitable content, Protect against fraud Check the facts!!

Get more help and information from Gov.uk

Report to Action Fraud

Be aware of phone scams too— If in doubt put the phone down and ask for advice from a trusted friend or relative.



A word of caution—

I don't know about you but I have been having an increasing number of dubious phone calls and emails. From accidents I am supposed to have had, to people trying to get my personal details. Copycat websites, Tech support scams etc.

Sadly we have to be really suspicious of all phone, text and emails that arrive uninvited in our homes. If in doubt put the phone down or don't open.

Did you know

The first letters of the months July through to November spell JASON.

A cat has 32 muscles in each ear.

Goldfish can see both infrared and ultraviolet light.

The smallest bones in the human body are found in your ear.

Cats spend 66% of their life asleep.

Macadamia nuts are toxic to dogs.

When lightning strikes it can reach up to 30,000 degrees Celsius (54,000 degrees Fahrenheit).

Stewardesses is the longest word that is typed with only the left hand.

Honey is the only natural food which never spoils.

M&M's chocolate stands for the initials for its inventors Mars and Murrie.

That you burn more calories eating celery than it contains (the more you eat the thinner you become)!

The only continent with no active volcanoes is Australia.



Announcements

If you would like to put a notice in the Newsletter please let me know.

Rhoda is very happy to send cards for Condolences, Get Well etc. for Phoenix members

*Please contact her on
rhodadavidson@btinternet.com*

Chat from Me—

Latest Phoenix update.

Following a recent meeting with members of the committee. Providing there are no changes to the government's roadmap, Phoenix will once again be rising from the ashes and returning, as normal, on the 21st of June 2021.

We looked at some of the activities returning, following the government's guidelines, on the 17th May. However, there is still an issue with cleaning chairs, tables, light switches etc. After each activity.

A letter will be sent to all activity leaders so if you have any questions or comments you would like to put forward, please let us know.

The AGM will be held in January 2022 and membership fees will be due at the beginning of January.

Elaine

CHAIRMAN'S EMAIL— Chairman@rugeleyphoenix.org.uk

**Please try to keep in touch with your
Phoenix friends by**

Text, email, phone or even write a letter!

not everyone has internet connection.

Phoenix now has a Facebook page -

You can find it on Rugeley Phoenix Group

Or on

www.facebook.com/groups/RugeleyPhoenixClub/

(This is a closed facebook page just for Rugeley Phoenix members).

Join the Rugeley **Phoenix Facebook** page,

another way to keep in touch and 'talk', to other members from Phoenix.