



Newsletter

Items for the newsletter should be sent to
 Kath Bryan, please.
 Email: bkath326@gmail.com
 Mobile: 07722 301612

Sudoku—

	9			3	6		
			1		2		
3		2		6		9	8
					1	2	5
		4			8		
5	2	9					
2	4		7		5		3
		3		2			
		8	3				1

A word of caution—

I am still receiving a number of scam emails every week and it's easy to get taken in! I have been expecting parcels and then I get an email saying they tried to deliver but they couldn't and I need to pay some money to get them re-delivered, it is worrying. I have had an email threatening to cancel my National Insurance Number if I didn't pay them some money!

Sadly we have to be really suspicious of all phone, text and emails messages that **arrive uninvited** in our homes and don't open them or reply to them if you have even the smallest concern.

September - John Updike

"The breezes taste

Of apple peel.
 The air is full
 Of smells to feel-
 Ripe fruit, old footballs,
 Burning brush,
 New books, erasers,
 Chalk, and such.
 The bee, his hive,
 Well-honeyed hum,
 And Mother cuts
 Chrysanthemums.
 Like plates washed clean
 With suds, the days
 Are polished with
 A morning haze."

Unused Medicines—

Many thanks to everyone who has donated their unused medication in the past, and we would love you to continue to do so. Please get in touch with Clive or Irene Faulkner and they will collect. For safety reasons please don't leave it in the kitchen at Sheep Fair.

Thank you.

Please contact C. Faulkner or I. Faulkner – 01889 582280

Stay Safe Online:

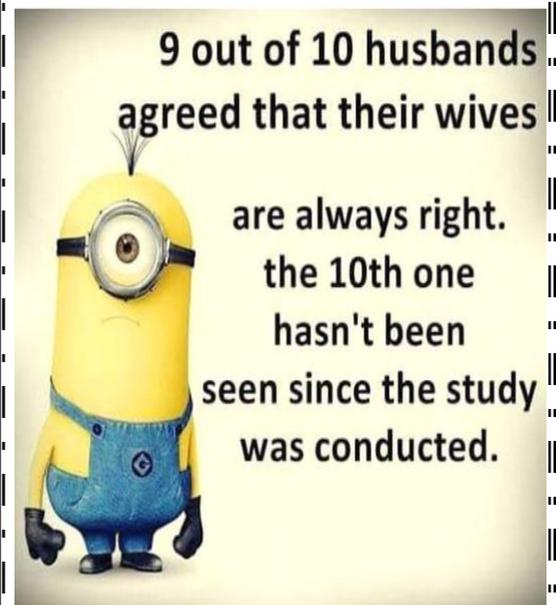
Check your security + privacy settings

Block unsuitable content, Protect against fraud
 Check the facts!!

Get more help and information from Gov.uk

Report to Action Fraud

**Be aware of phone scams too— If in doubt
 put the phone down and ask for advice from a
 trusted friend or relative.**



Keep Fit/country Dancing

A message from Cyn and Pat.
Keep Fit and Country Dancing restarted on
Tuesday 14th September 2021.
They were very happy to seeing all their
members again.

Art Group—

Wednesday 10.30am—12.30pm
The Art Started again on
Wednesday 8th September 2021.
Come along and join the group, all levels of
ability, warm welcome.

Music Group—

Thursday 10.00am—12pm started again
on Thursday 9th September 2021.
It was great to be singing together again.
Good to see so many of the group return.
New members always welcome.

**It's still important to keep in touch with
your Phoenix friends by**

Text, email, phone or even write a letter!

not everyone has internet connection.

Phoenix now has a Facebook page -

You can find it on Rugeley Phoenix Group

Or on

www.facebook.com/groups/RugeleyPhoenixClub/

(This is a closed facebook page just for Rugeley Phoenix
members).

Join the Rugeley **Phoenix Facebook** page,
another way to keep in touch and 'talk', to other
members from Phoenix.

From The Chair

I'm pleased to say that all Phoenix
activities are now up and running and the
attendance is picking up. Jeff will be
running the Wednesday afternoon social
at Sheepfair. So don't get the blues on
a rainy afternoon pop down. There will
be quizzes, card games etc or just cup
of tea, biscuits and a chat with friends.

The kitchen can now be used if and when
required and there are biscuits!

Take Care

Elaine

CHAIRMAN'S EMAIL— Chairman@rugeleyphoenix.org.uk



Announcements

*If you would like to put a notice in
the Newsletter please let me
know. Rhoda is very happy to send
cards for Condolences, Get Well
etc. for Phoenix members*

*Please contact her on -
rhodadavidson@btinternet.com*