

Phoenix News

July 2023



Newsletter

Items for the newsletter should be sent to
Kath Bryan, please.

Email: bkath326@gmail.com Mobile: 07722 301612

Coffee Morning—

Sept. 21st 2023 -

The Lichfield Lighthouse Company

Dec 21st 2023- TBA

It's still important to keep in touch with
your Phoenix friends by

Text, email, phone or even

write a letter!

not everyone has internet connection.

Phoenix now has a Facebook page -

You can find it on Rugeley Phoenix Group

Or on

www.facebook.com/groups/RugeleyPhoenixClub/

(This is a closed facebook page just for Rugeley
Phoenix members).

Rhoda is very happy to send cards for
Condolences, Get Well etc.

for Phoenix members.

Please contact her on -

07752 206999

rhodadavidson@btinternet.com

If you would like to put a notice or
article in the Newsletter please let
me know, at

bkath326@gmail.com

We have a couple of members who
are leading the Bowling group, this
season, at Lea Hall, Monday morning.
if you are interested let Sue or
Elaine know.

Theatre update— A group of Phoenix members
travelled to Birmingham to see The Lion King at the
theatre. Look forward to hearing the reports.

Thanks to Moira and Joy.

MONDAY WALKING GROUP

Monday 17th July 2023—car park junction of Eastern
Avenue & Curbrough Rd. 4 well maintained styles-
leader Tom bring your flasks

Monday 24th July 2023— Seven Springs Leader
Stefan, flask walk

Monday 31st July 2023—Seven Springs— Leader Iris,
bring your flasks.

Meet at 9.45am for 10am start.

Short Tennis Has started up again Please
get in touch if you are interested in
playing.

Line Dancing The Phoenix Line dancing group is now full, but
they have started a waiting list. If anyone is looking to join,
they can add their names to the waiting list by contacting
Sue Plumbe on this number- 07947535224

Art Group—Wednesday morning 10.30am to 12.30

Some places available at the Art group. A relaxed
and friendly atmosphere. Paint, draw, colour, Chat, drink
coffee. We learn from each other.



Music Group— Thursday morning Sheepfair 10am—12.

There are places at the Music group- come and have a sing with
us. It makes you feel good.



Wednesday Short Walks—

Is up and running, well walking .

Wed 19th July 2023— Slitting Mill, Chase Pub, WS15 2AW

Wed 26th July 2023— Hednesford Park, Ws12 1QR

Contact— Pat Wall for more Information

We have a couple of members who are leading the Bowling group, this season, if you are interested let Sue or Elaine know.

Soup Lunch Thursdays

St Joseph's church hall, Rugeley, Lichfield St
serving 11.30 - 12 - 15 Includes pudding.
£2. 50. All proceeds to charity
A phone call the day before would help
with catering - Eileen 07713867108



Keep Fit information

the Keep Fit group will finishes for the
Summer break on 8th August 2023 and
returns on 12th September 2023.

Just a reminder about online safety, if in doubt about emails do not open them, bin them. The same with calls -if you don't recognise the number you don't have to answer it!

Penkrige Phoenix Strawberry Tea

**Tuesday 8th August, 2.30pm at the
Haling Dene Centre, Cannock Road,
Penkrige. £8.50 pp**

**If you would like one of the limited
number of tickets for this annual event
please get in touch with Sue, asap.**

**A polite reminder—
Please can we remind all car
users at Sheepfair not to park in the
hatched areas or to double park, failure
to abide by the rules could result in a
parking fine.**

From The Chair

Firstly, a big thank you to all the sequence dancers and line dancers for attending the 'danceathons ' (mixture of dance and a marathon) on Saturday night. We've had good feedback and would look at doing again in the future. Thank you to Sheila and Dave, Delma, Kath and all of those who donated prizes for the raffle. We raised £67 and will be donated to the St John's ambulance, keep them sweet for the times we borrow their car park. The rest of the door money after paying for the room went to Phoenix.

It would be nice if the coffee mornings were as well attended, so for our September coffee morning, which is on the 21st, we will be holding it at Sheepfair. We know everyone can get there and it will save the Phoenix a fair amount of money

Entertainment for September 21st Coffee Morning 'The Lighthouse Company', singing group just confirmed.

(All donations are for the RNLI).

The walkers had a good time in Bewdley and the theatre group went to see the lion King. .

See you at the Coffee Morning. -Elaine x

CHAIRMAN'S EMAIL— Chairman@rugeleyphoenix.org.uk

Photographs from the Coronation celebration

You can see all the photo's from the Coronation celebration on the Phoenix Photo Group website.

<https://sites.google.com/view/phoenixphotogroup/home>

**Enter website address into address bar the
Photo group website will launch then look in
Sheepfair**

Unused Medicines—

Please contact C. Faulkner or I. Faulkner — 01889 582280

Many thanks to everyone who has donated their unused medication in the past, and we would love you to continue to do so.

Please get in touch with Clive or Irene Faulkner and they will collect.

For safety reasons please don't leave it in the kitchen at Sheep Fair.