

# Phoenix News

## April 2024



### Newsletter

Items for the newsletter should be sent to

Kath Bryan, please.

Email: bkath326@gmail.com Mobile: 07722 301612

### MONDAY WALKING GROUP

Mon 15th April 2024— Meet at Chase Café off Hednesford Rd, Leader Robert bring flasks

Mon 22nd April 2024— Seven Springs, leader Iris bring your flasks

Mon 29th April 2024— Blithfield Reservoir leader Frank bring your flasks

Mon 6th May 2024— Meet at Wolsley Bridge garden centre. 4 stiles Leader iris bring your flasks

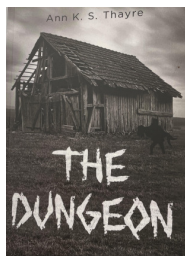
Mon 13th May 2024— meet at the Chadwick Arms, Hill Ridware tea & coffee in the pub leader Robert

Mon 20th May 2024— German Cemetery, leader Stean bring your flasks

Mon 27th May 2024— Meet at Aston Marina Stone, leader Frank bring your flasks

### Talented Phoenix members

Another book by Ann Thayre. She is a Phoenix member who writes scary, short stories, and they have been published. If you are interested you can order a copy. Ann is a member of the Music group. Support local talent.



### Poppy Sellers

*Mark Smith, from the Rugeley branch of the British Legion, is looking to recruit some Poppy Sellers, (at Morrisons or Tesco's) from amongst the Phoenix membership.*

*If you are interested you can get in touch with him at the local branch.*



### Coffee Morning

#### June 20th 2024 Sheepfair

Entertainment

Lichfield Light house company

60's & 70's music

Tea/Coffee Biscuits

Bingo, Raffle

Please come & support them, meet up with friends

### It's still important to keep in touch with

your Phoenix friends by

**Text, email, phone or even write a letter!**

not everyone has internet connection.

**Phoenix now has a Facebook page -**

**You can find it on**

**Rugeley Phoenix Activity Group**

**Or on**

**[www.facebook.com/groups/RugeleyPhoenixClub/](http://www.facebook.com/groups/RugeleyPhoenixClub/)**

**(This is a closed facebook page just for Rugeley Phoenix members).**

### STAY SAFE ONLINE

As always there are some horrible scams

both online and through phone calls..

**Don't give out any banking information or**

**any personal information.**

Use only the contact numbers on the back

of your bank cards. **They are after your**

**money and your information!** Even the

slightest concern, put the phone down,

delete unknown emails.

## Wednesday Short Walks—

Apr 17th—Blithfield Reservoir WS15 3DU

May 1st Great Haywood ST18 9RQ

May 8th—National Arboretum DE13 7AR

Contact— Pat Wall for more information.

## Unused Medicines—

Please contact C. Faulkner or I. Faulkner – 01889 582280

Many thanks to everyone who has donated their unused medication in the past, and we would love you to continue to do so.

Please get in touch with Clive or Irene Faulkner and they will collect.

For safety reasons please don't leave it in the kitchen at Sheep Fair.



## Sequence Dancing

We have vacancies on Monday afternoons for any Couples who would enjoy Sequence Dancing 1-30pm till 4-00pm. You would be made very welcome, If interested pop along any Monday afternoon we would be willing to answer any questions you might have.

*If you would like to put a notice or article in the Newsletter please let me (Kath Bryan) know, at [bkath326@gmail.com](mailto:bkath326@gmail.com)*

**A polite reminder—**  
Please can we remind all car users at Sheepfair not to park in the hatched areas or to double park, failure to abide by the rules could result in a parking fine.

## From The Chair

Big thank you to the photography group for the hard work they put into the March Coffee Morning. It was both professional and interesting. The raffle raised £50.00 and together with the sale of some photographs a sum of £72..50 will be sent to the Rugeley community food bank. All prizes were donated by the photography group. The next coffee morning will be in June with the welcome return of the Lichfield Shanty Singers.

Please note a new **Phoenix accident book** is located in the double door Phoenix cupboard in the kitchen at Sheepfair. In the event of an accident please can Group Leaders complete an accident form and leave it attached in the accident book - Elaine xx

CHAIRMAN'S EMAIL— [Chairman@rugeleyphoenix.org.uk](mailto:Chairman@rugeleyphoenix.org.uk)

## **HAVE YOU RENEWED YOUR PHOENIX MEMBERSHIP?**

**Membership was up for renewal in January  
Still brilliant value at £10 a year.**

**See your group leader for a membership form  
and your new orange membership card.**

**You can receive a copy of the Newsletter by email,  
(let me know if you want to receive one at  
[bkath326@gmail.com](mailto:bkath326@gmail.com)), with your email address.**

**There are also copies on the notice board at Sheep Fair,  
on the Phoenix website and on the Phoenix Facebook**

**Page**

**Rhoda is very happy to send cards for  
Condolence or Get Well etc for Phoenix  
members.**

**Please contact her on  
07752 206999  
[rhodadavidson@btinternet.com](mailto:rhodadavidson@btinternet.com)**